

Where do the peelings go?

A four-picture story to read together. Then try the activities over the page.



1 Eddie saved the leftover vegetables in a tub. A few peelings went into Wee Bin.

Wee Bin: "Do a few peelings do anything?"

Eddie: "I'll ask Amina, then come back an tell ye." (I'll ask Amina, then come back and tell you.)



2 At Amina's bio plant, tiny living things called microbes break the scraps down in a closed tank, without oxygen.

Eddie: "Have they aw got wee hi-vis jaikets?"
(Have they all got little hi-vis jackets?)

Amina: "No jackets!"



3 Back in the kitchen, Eddie explained: the scraps help make gas for energy, and fertiliser for plants.

Wee Bin: "So my few peelings count!"

Eddie: "Aye. Save the guid food first." (Yes. Save the good food first.)



4 Later, after Fiona's checks and the wait the rules ask for, Hamish went back to the field. Fertiliser had helped the grass grow, and Hamish ate the grass.

Eddie: "Whit's on the menu the day, Hamish?"
(What's on the menu today, Hamish?)

Hamish (thinking): "Grass. Excellent choice."

Buddy says: save the good food first. Only the bits nobody can eat go in the caddy.

Gullbrae is a made-up seaside town. Real bins, caddies and rules depend on your council: check yours at bindaybuddy.co.uk or on your council's website.

1. Wee Bin or keep it?

Draw a line from each thing to **Wee Bin** (scraps nobody can eat) or to the **tub** (good food to save and eat later). A grown-up can read the words.



Potato peelings



Wee Bin

Leftover vegetables



Banana skin



A whole apple



Apple core



Eggshells



Save it

2. Where does it go?

Draw a line to match each thing to where it goes.

Gas from the bio plant



The field, to help the grass grow

Fertiliser from the bio plant



Heat or electricity



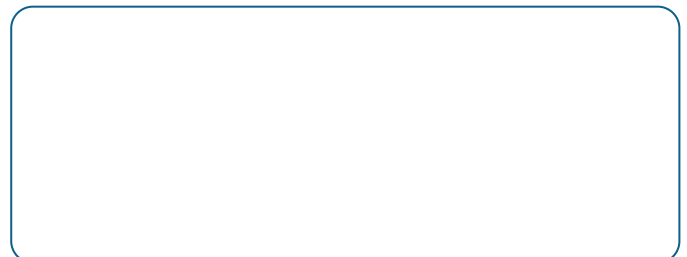
Hamish's lunch



Grass

3. The leftover lunch challenge

With a grown-up, make one meal this week using leftovers. Draw it in the box, and give it a grand name, like Eddie would.



Answers and notes for the grown-up are on the next page.

Answers and notes

1. Wee Bin or keep it?

Wee Bin: potato peelings, banana skin, apple core, eggshells.

Save it: leftover vegetables, a whole apple.

2. Where does it go?

Gas → heat or electricity.

Fertiliser → the field.

Hamish's lunch → grass.

Talk about it

- Why is an empty caddy at the end of the week a good thing? (It means the good food got eaten.)
- Why doesn't Hamish eat the peelings? Kitchen scraps must never be fed to farm animals, including pet hens. The fertiliser helps the grass, and Hamish eats the grass later, once the farmer says the field is ready. (Eddie didn't know either, so he asked Amina and came back to tell Wee Bin.)
- What does "wee" mean? In Scotland it means small. Eddie speaks Scots; the brackets show the same words in English.

Keep it safe and simple

- The activities use pictures only. Children don't need to handle real food waste or bins.
- A grown-up decides what food is still good to eat. Don't judge food safety from a picture.
- Not every council collects food waste yet, and some compost it instead of using a bio plant like Amina's.

Our council

Do we have a food caddy?	☐ Yes ☐ Not yet
What colour is our outdoor food bin?	
Which day is it collected?	

Sources: Zero Waste Scotland, Anaerobic digestion; Recycle Now, How to recycle food waste; Defra and APHA, Supplying and using animal by-products as farm animal feed; Defra and APHA, Using fertilisers made from processed animal by-products on farms. Checked 8 October 2026. **Draft:** the story pictures are proposals, and Eddie's Scots lines and the facts are not yet independently reviewed.

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